



Crystal Star™
whole herbs for the whole person™



Anti-Flam™

GOTU KOLA HERB
for nerve pain*

WHITE WILLOW BARK
for relief*

GINGER
as a catalyst*

JAMAICAN DOGWOOD
for pain control*

Are you in pain... but don't want to take anti-inflammatory drugs?

Many Americans struggle with daily pain from arthritis, headaches, backaches, menstrual cramps, repetitive strain, or chronic illness. But taking high doses of anti-inflammatory drugs or aspirin can cause serious damage to the gastrointestinal tract, even bleeding ulcers. Crystal Star Anti-Flam™ helps combat pain and discomfort, naturally, without the side effects and risks of these drugs.

Anti-Flam™ is good for more than just pain relief...

Anti-Flam™ is a powerful antimicrobial for bacterial and viral pathogens. It removes toxins quickly, and even fights external problems like sebaceous gland cysts. It enhances your body's natural immune response in handling the problem. It contains herbs which help to increase production and activity of interferon and macrophages, t-lymphocytes (Killer T-cells), and lymphokines for a natural immune boost. It's a great source of herbal anti-inflammatories that take down swelling and pain, allowing the body's own healing elements to come into play.

Did you know your diet is a key to fighting inflammatory reactions?

The right foods can also go a long way towards reducing inflammatory reactions. Diets high in sugar and hydrogenated oils with little or no fresh foods ignite inflammation by impairing immune response, taxing enzyme stores and imbalancing prostaglandin (hormone-like chemicals) production. For chronic problems, Anti-Flam™ works best used with a natural foods diet, high in body balancing fresh fruits and vegetables, and foods high in EFA's (essential fatty acids) like seafoods and sea greens. Its powerful anti-inflammatory and antispasmodic activity helps break the pain-spasm cycle so you are free to live your life again. Crystal Star Anti-Flam™ is not just what the symptoms require... it's more of what YOU need.*

Product ID#	Size
101180	60 capsules

about the herbs

White Willow (*Salix alba*): a natural source of pain relieving salicylic acid, the active ingredient in aspirin; white willow is much safer without the gastric side effects, ulcer risk, or blood thinning effects.

Jamaican Dogwood (*Piscidia erythrina*): one of the strongest non-narcotic herbal pain killers (anodynes)... especially for menstrual pain, facial nerve pain, neuralgia, TMJ pain, back pain, muscle cramps and spasms.

St. John's Wort (*Hypericum perforatum*): pain relieving; potent anti-viral; calming antidepressant.

Echinacea (*Echinacea angustifolia*): helps flush out acid wastes linked to joint-muscle pain; immune stimulant with anti-inflammatory activity; antibacterial, anti-viral; a specific for skin infections, cuts, wounds, cysts, boils.

Echinacea (*Echinacea purpurea*): similar properties as echinacea angustifolia but is believed to be gentler in activity.

White Pine (*Pinus strobus*): a potent antioxidant with circulatory stimulating activity.

Gotu Kola (*Centella asiatica*): specific for nerve pain; calms, soothes and rebuilds nerves.

Devil's Claw (*Harpagophytum procumbens*): anti-inflammatory, especially for headaches, migraines; does not damage stomach lining like NSAIDS; helps better digestion.

Turmeric extract (*Curcuma longa*): a superior herbal anti-inflammatory, a powerful non-toxic antioxidant, stronger than vitamin E.

Meadowsweet (*Filipendula ulmaria*): a natural source of pain relieving salicylic acid, the active ingredient in aspirin, but much safer; protects inner lining of the stomach and intestines.

Ginger Root (*Zingiber officinalis*): anti-inflammatory; antiseptic; catalytic.

Uva Ursi (*Arctostaphylos uva ursi*): a gentle cleanser that helps release acid wastes linked to joint-muscle pain.

Bromelain: an enzyme with proven anti-inflammatory activity; especially effective for speeding healing time after sports injuries and surgery.

[click here to order Anti-Flam™ now](#)

ingredients: White Willow Bk.; Jamaican Dogwood Bk.; St. John's Wort Lf.; White Pine Bk.; Echinacea a. Rt.; Echinacea p. Rt.; Gotu Kola Hrb.; Devil's Claw Rt.; Red Clover Blsm.; Turmeric Rt. ext.; Licorice Rt.; Burdock Rt.; Meadowsweet Hrb.; Alfalfa Lf.; Chamomile Blsm.; Dandelion Rt.; Ginger Rt.; Uva Ursi Lf.; Bromelain; Other ingredients: vegetable-source maltodextrin and magnesium stearate, vegetarian capsule (vegetable cellulose and water).

directions: Take 2 caps every 4 – 6 hours as needed.

* This document is not intended as a substitute for the medical recommendations of physicians or other healthcare providers. Rather, it is intended for educational and informational purposes only. Please see a qualified healthcare professional if you have questions regarding your health. The statements in this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.