



**Crystal Star™**  
whole herbs for the whole person™



# Candida Detox™

OLIVE LEAF EXTRACT  
as an antifungal\*

BLACK WALNUT HULLS  
to cleanse toxins

PAU D'ARCO  
for immune defense\*

SIBERIAN ELEUTHERO  
for stress relief\*

## Could Candida overgrowth be the culprit behind your health problems?

Candida albicans yeast is common, normally living harmlessly in the gastrointestinal tract and genitourinary areas of the body. However, when immune response is reduced from repeated rounds of antibiotics, birth control pills or steroid drugs, a high sugar or refined carbohydrate diet, and a lifestyle short on rest, the body loses its intestinal balance. In these cases, Candida yeasts can multiply too rapidly, voraciously feeding on the excess sugars and carbohydrates in the digestive tract.

## Do you have signs of Candida overgrowth? Two or more yes answers should alert you of a potential problem.

- Do you have recurrent digestive problems, gas, bloating or flatulence?
- Do you have a white coating on your tongue (thrush)? Do you crave sugar, bread, or alcoholic beverages?
- Has your memory or concentration been noticeably poor lately?
- If you are a woman, do you have PMS, chronic vaginal yeast infections or bladder infections?
- If you are a man, do you have abdominal pains, prostatitis, or loss of sexual interest?
- Have you recently taken repeated rounds of antibiotics or corticosteroid drugs?

## Crystal Star Candida Detox™ is your best defense!

While diet and lifestyle changes are important for recovery, Candida Detox™ caps come to your rescue when symptoms are at their worst. Potent antifungals like sodium caprylate, olive leaf extract and pau d'arco in the formula help attack and eliminate yeast overgrowth. Echinacea and white tea recharge immune response and restore body strength. Rhodiola rosea and rosemary are included to reduce candida-related brain fog and moodiness. Even irritable bowel can be helped as herbs like peppermint and thyme ease bloating and flatulence. Crystal Star Candida Detox™ is your best natural choice to fight yeast overgrowth and help prevent relapses, even in stubborn cases.\*

Product ID#	Size
101650	60 capsules

## about the herbs

**Olive Leaf extract** (*Olea europaea*): a premier anti-fungal helpful for even stubborn cases of candida; a good overall body cleanser, especially helpful for infections.

**Siberian Eleuthero** (*Eleutherococcus senticosus*): activates adrenal gland's response to stress; enhances immunity and improves mental clarity.

**Pau d'Arco** (*Tabebuia heptaphylla*): a strong antifungal with immune stimulating properties.

**Black Walnut Hulls** (*Juglans nigra*): an anti-fungal that helps eliminate candida yeast. Mild laxative properties.

**Garlic** (*Allium sativum*): cleanses candida yeasts in the vagina and intestinal tract.

**White Tea Leaf extract** (*Camellia sinensis*): high in antioxidant polyphenols; a gentle body cleanser and alkalizer.

**Amla Berry** (*Emblica off.*): a rich source of vitamin C for immune and adrenal gland support.

**Rhodiola** (*Rhodiola rosea*): a serotonin balancer that helps improve mental focus and reduce mood swings.

**Cranberry extract** (*Vaccinium oxycoccos*): eliminates yeasts; helpful for chronic urinary tract infections, common in candida sufferers.

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**Echinacea blend:** strengthens immune response and flushes the lymphatic system of toxins. — [(*Echinacea angustifolia*; *Echinacea purpurea*)]

**Seaweed blend:** a source of organic iodine to support the thyroid gland, involved in most women's problems; a rich source of vitamins and minerals for body strength and stress relief. — [Bladderwrack (*Fucus vesiculosus*); Dulse (*Rhodymenia palmata*); Irish moss (*Chondrus c.*)]

**Rosemary** (*Rosmarinus off.*): a circulatory stimulant that acts as a catalyst in the formula; reduces mental fogginess related to yeast infections.

**Dandelion Root** (*Taraxacum off.*): encourages toxin release by stimulating gallbladder, liver and kidney activity.

**Peppermint Leaf** (*Mentha piperita*): an antimicrobial and anti-inflammatory; a specific for irritable bowel symptoms that accompany candida infections.

**Thyme** (*Thymus vulgaris*): an antifungal that eases candida-related flatulence.

**Sodium Caprylate** (*coconut oil source*): a specific for candida infections; interferes with candida growth and replication.

**Grapefruit Seed** (*Citrus paradisi*): a potent antifungal for candida yeast.

**ingredients:** Olive Lf. Extract; Siberian Eleuthero Rt.; Pau d'Arco Brk.; Black Walnut Hulls; Sodium Caprylate (coconut oil source); Echinacea Rt. Blend: {Echinacea a., Echinacea p.}; Seaweed Extract Blend: {Bladderwrack, Dulse, Irish Moss}; Garlic Clove; White Tea Lf. Extract; Barberry Brk.; Amla Bry.; Rhodiola Rt.; Cranberry Extract; Burdock Rt.; Licorice Rt.; Spirulina; Dandelion Rt.; Grapefruit Sd. Extract; Rosemary Lf.; Fenugreek Sd.; Peppermint Lf.; Thyme Lf.; Other ingredients: vegetable-source magnesium stearate, vegetarian capsule (vegetable cellulose and water).

**directions:** Take 2 caps twice daily for 3 months. Rest 1 month before resuming, if needed.

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