



Crystal Star™
whole herbs for the whole person™



Ear Defense Drops™

A long term maintenance and prevention blend for inner ear concerns.*

Do you need Crystal Star Ear Defense Drops™?

Americans spend eight billion dollars a year on treatment for ear infections! Ear infections are most common in children, accounting for half of all childhood doctor visits! Lavish use of antibiotics for ear infections is almost never justified, because common use often results in thrush in children, and candida infections in adults. Further, new research published in the New England Journal of Medicine shows antibiotics are ineffective for most childhood ear infections and may actually spur the development of antibiotic resistant germs.

Who are Ear Defense Drops™ for?

- Young children whose eustachian tubes are not fully formed who are susceptible to inner ear problems.
- Adults suffering from minor ear trauma or who have inner ear problems.
- Animal companions with inner ear problems can use the formula topically.
(Note: Cats have trouble metabolizing alcohol in herbal extracts, and therefore, should not be given the formula internally.)
- Swimmers who have regular inner ear problems.
- People who are looking for a safe, natural immune system enhancer.

How can Crystal Star Ear Defense Drops™ enhance your health program?

- Garlic in the blend is a traditional herbalist's tool for battling the agony of an inner ear concern. Used topically, it helps to fight bacterial overgrowth in the inner ear. Taken internally, it builds immune defenses for ear protection.
- Herbs like goldenseal and elecampane help reduce inner ear pain and discomfort while supporting immune system response.

"I've been using this product for 12 years on patients young and old with ear infections and systemic infections. It clears the problem faster than any medical antibiotic I've ever seen. It's a standard in our office. Just 2 drops a day is also an excellent preventative for high risk seasons."

- Douglas Reich, D.C. of the Maxwell Chiropractic Health Center

Product ID#	Size
104780	1 fl. oz. (30ml)

about the herbs

Garlic Clove (*Allium sativum*): a broad spectrum antimicrobial and immune system builder; a primary topical remedy for inner ear problems in pets and people.

Echinacea angustifolia Rt.: helps the body produce interferon and flushes the lymph glands so the body can process out infective organisms; helpful when earache is related to the common cold.

Siberian Eleuthero (*Eleutherococcus senticosus*): Studies (Bohn 1987) show that Siberian eleuthero promotes an increase in the number of total immune cells (T lymphocytes, cytotoxic cells, and natural killer cells), to support your immune system against a broad range of pathogens; an anti-stress adaptogen.

Hawthorn Herb (*Crataegus oxycantha*): high in antioxidant proanthocyanidins for ear protection; provides a sense of well being.

Rose Hips (*Rosa canina*): a high vitamin C source to aid immune defenses and collagen building; a topical astringent and anti-inflammatory.

Astragalus (*Astragalus membranaceus*): activates immune response and restores body strength after illness.

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Pau d'Arco (*Tabebuia heptaphylla*): an anti-fungal against candida, common in patients who have taken courses of antibiotics for inner ear problems; improves immune response against pathogens.

Goldenseal Rt. (*Hydrastis canadensis*): a primary herb taken internally or used topically; one of the strongest herbal antimicrobials.

Elecampane Rt. (*Inula helenium*): expectorant for respiratory problems.

Myrrh Gum (*Commiphora myrrha*): helps boost white cell (leukocyte) activity; enhances immune defenses.

Peppermint Oil (*Mentha piperita*): a natural flavoring with anti-viral and antibacterial activity.

Honey: a natural sweetener with powerful antimicrobial activity.

Glycerin: a topical aid for irritation of the inner ear; a natural sweetener, stabilizing agent and preservative.

ingredients: Garlic Clove; Echinacea a. Rt.; Siberian Eleuthero Rt.; Hawthorn Herb; Rose Hips; Astragalus; Pau d'Arco Bk.; Goldenseal Rt.; Elecampane Rt.; Myrrh Gum; Peppermint Oil; Honey; Glycerin.; Other ingredients: Grain Alcohol 50%

directions: Place 10 drops onto a small piece of cotton and place in ear. Remove after 2 hours. Also take 10 drops under the tongue twice daily as needed.

* This document is not intended as a substitute for the medical recommendations of physicians or other healthcare providers. Rather, it is intended for educational and informational purposes only. Please see a qualified healthcare professional if you have questions regarding your health. The statements in this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.