



**Crystal Star™**  
whole herbs for the whole person™



# Red Skin Relief™

WHITE TEA  
to tone the skin\*

ECHINACEA  
to soothe the skin\*

CAT'S CLAW  
to calm the skin\*

RED CLOVER  
to cleanse the skin\*

## Do you have problem skin?

Red skin problems affect large groups of people today, especially people of Celtic descent and menopausal women. People who thought they had left acne problems from their youth behind are faced with new skin problems as they age, like chronic redness and inflammation. People who blush easily are especially affected. Itchy, flaky skin is another problem that is widespread among children and adults.

## Who is Crystal Star Red Skin Relief™ for?:

- People with red skin problems and inflammation
- People with itchy, flaky skin problems and irritation
- People prone to skin blushing and mild skin allergies
- People with dry, weather damaged skin

## How can Red Skin Relief™ Enhance Your Health Program?

- Herbal alternatives (blood cleansers) like burdock, sarsaparilla and red clover help eliminate toxins that show up as poor skin texture or mild skin allergies.
- Powerful herbs like white tea and turmeric extract smooth skin texture and reduce redness.
- Coleus forskohlii helps to balance the production of skin cells, improving flaky skin problems related to excess histamine production and too rapid cell production.
- Royal jelly is rich in B vitamins and amino acids that nourish the skin for a more youthful appearance.

Few products on the market effectively address “red skin” problems that plague adults and children. Red Skin Relief™ offers more than simple acne relief. Herbal soothers like goldenseal and turmeric in the formula reduce hard to handle problems like chronic redness. Gentle herbs like chamomile and burdock calm skin “stress reactions,” and ease irritation and itchiness. Skin nourishing ingredients in the formula like royal jelly encourage a more youthful appearance. Look and feel your best today with Crystal Star Red Skin Relief™.

Product ID#	Size
103790	60 capsules

## about the herbs

**Inflammation Reducer Blend** {White Tea (*Camellia sinensis*) Goldenseal Root (*Hydrastis canadensis*), Echinacea purpurea, Protease, Cat's Claw (*Uncaria tomentosa*), Turmeric extract (*Curcuma longa*), Yellow dock (*Rumex crispus*), L-Lysine}: Herbal anti-inflammatories like white tea, turmeric extract and cat's claw take down skin redness fast. L-lysine helps normalize the skin's protective acid mantle, discouraging breakouts and reactions. Protease helps cleanse undigested protein in aggravated skin reactions. Most of the herbs in this blend are powerful antioxidants that help repair free radical damage caused by excess sun or wind exposure. Skin smoothing effects may be apparent.

**Toxin Flush Blend** {Red Clover (*Trifolium pratense*), Sarsaparilla (*Smilax medica*), Cleavers (*Galium aparine*), Oregon Grape Root (*Mahonia aquifolium*)}: The herbs in this blend are traditional herbal alternatives (blood cleansers) that have a long history of use for helping to flush toxins that show up as poor skin texture or mild skin allergies. Sarsaparilla in this blend specifically provides relief for dry, flaky, skin problems. Oregon grape helps promote clear, smooth skin, and reduces skin allergies.

**Skin Soothing Blend** {Burdock Root (*Arctium lappa*), Ginger Root (*Zingiber off.*), Chamomile (*Matricaria recutita*), Coleus Forskohlii}: Chronic redness means skin feels dry, stressed and irritated. The herbs in this blend soothe skin “stress reactions”, irritation and itchiness. Coleus forskohlii helps to balance the production of skin cells, improving flaky skin problems related to excess histamine production and too rapid cell production.

**New Skin Nourishing Blend** {Fenugreek (*Trigonella foenumgraecum*), Bilberry (*Vaccinium myrtillus*), Royal Jelly, Dandelion Root (*Taraxacum off.*), Nettles (*Urtica dioica*)}: Herbal nutrients in this blend nourish new skin growth and improve appearance. Royal jelly is rich in B vitamins and amino acids that nourish the skin for a more youthful appearance. Dandelion and nettles are high in absorbable minerals like calcium and magnesium that dramatically improve skin texture and luster. Bilberry is rich in antioxidant bioflavonoids that work synergistically with vitamin C for new collagen development.

[click here to order Red Skin Relief™ now](#)

**ingredients:** Inflammation Reducer Blend: {White Tea Lf., Goldenseal Rt., Echinacea p. Rt., Cat's Claw Rt., L-Lysine, Turmeric Extract, Feverfew Herb, Yellow Dock Rt., Protease}; Toxin Flush Blend: {Sarsaparilla Rt., Red Clover Blsm., Cleavers Herb, Oregon Grape Rt.}; Skin Soothing Blend: {Burdock Rt., Chamomile Blsm., Ginger Rt., Coleus f. Rt.}; New Skin Nourishing Blend: {Bilberry, Fenugreek Sd., Royal Jelly}; Dandelion Rt.; Nettles; Other ingredients: vegetable-source maltodextrin and magnesium stearate, vegetarian capsule (vegetable cellulose and water).

**directions:** Take 2 caps daily as needed to reduce redness and soothe your skin.

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